

Free Community Seminar

# Managing Symptoms of Post-Polio Syndrome

Tuesday, October 20 from 6 to 8 pm

at Casa Colina Centers for Rehabilitation, Tamkin Education Center, Bldg. 1D  
255 East Bonita Avenue (at Garey) in Pomona

## GUEST SPEAKERS



Richard Shubin, M.D.  
Board-certified Neurologist



Kathy San Martino  
PT, NCS, CLT, ATP

Topics of discussion regarding post-polio syndrome include:

- ◆ Medical management
- ◆ Energy conservation
- ◆ Exercise programs
- ◆ Assistive devices, wheelchairs and orthotics
- ◆ Questions and answer session

Refreshments will be served. Seating is limited, please call to reserve your space.

866/724-4132



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